



Examples of Items We Can Accept for Donation

Bolded items are popular

Email any questions to foodpantry@kcc.edu

Proteins

- Canned chicken
- Canned tuna
- SPAM
- Peanut Butter
- Nuts
- **Jerky**
- **Preserved meats**

Foods to cook at home

- Spaghetti sauce and pasta
- Rice
- **Boxed meals**
- Muffin mixes
- Desserts

Ready to eat food

- Soups and chili
- **Ramen noodle cups**
- **Canned or preserved fruits**
- Canned or preserved vegetables
- **Cups of Mac and cheese**
- **Cereals and cereal bars**
- Oatmeal
- Pies
- **Chips**
- Cookies
- **Granola bars**
- **Popcorn**
- **Microwavable, non-frozen meals**

Basic Necessities

- **Soap**
- Toilet paper
- **Shampoo and conditioner**
- Toothpaste and toothbrushes
- **Feminine products**
- Diapers
- Baby food